

Employers commit to integrated health care – and discover it’s improving their employees’ health and happiness *and* lowering costs.

– New insights from the Integrated Health Care Report, Edition 3 –



What is integrated health care (IHC)?

IHC is an employee benefits strategy that connects pharmacy, dental, vision, disability and absence management data to an employer’s health management program. IHC increases employee engagement in wellness programs and improves health outcomes.

Who’s integrating?



A shift in focus from employer cost savings to **employee happiness**

Employers are turning to integration to improve their employees’ health, make health care more affordable for them and enhance their well-being.

“To make sure (employees) can get the medication they need”

“Knowing many families can’t afford products like glasses or contacts without being able to use their health savings accounts”

“Care for when our employees aren’t able to work”

“This is necessary for all employees and can improve general health”

Integration can help **shape perceptions** of companies with active programs.

THE PRACTICAL APPROACH
“A stronger hiring and retention position”

THE ETHICAL APPROACH
“The right thing to do”

Choosing benefits to integrate: **Vision and dental coverage lead the way**



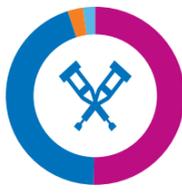
VISION
69% integrated



DENTAL
67% integrated



PHARMACY
65% integrated

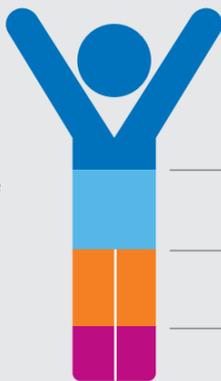


DISABILITY
51% integrated

- Integrated and/or integrating
- Considering integrating in future
- No plans to integrate
- Not sure

How do employers measure **the success of IHC?**

An integrated employee benefits approach may help your business improve employee health and productivity, while reducing health care costs. Learn more by downloading the complete Integrated Health Care Report, Edition 3 at specialtybenefits.info/ihc.



55% Measure **employee engagement** in integrated health care program

27% Measure employer cost savings resulting from IHC

26% Don’t measure it; instead, measure overall health, wellness and productivity program

19% Don’t measure it; it’s the right thing to do



About **Integrated Health Care**

IHC programs link medical, pharmacy, dental, vision, disability, behavioral and supplemental health data to provide a more complete, connected picture of an employee’s health. The data produces **actionable insights** that help doctors and other health care providers better diagnose and treat employees and guide them toward prevention and well-being programs. The results? Better care, better health outcomes and lower costs.

IHC brings your employees and you these benefits:

- More ways to identify risks early, making an impact on preventable health care costs
- More coordinated care that helps your employees get well and back to work sooner
- More personalized employee engagement that’s more likely to inspire action

About the **Integrated Health Care Report, Edition 3**

Integrated Health Care Report, Edition 3 represents the third wave of industry research conducted about attitudes – and actions – relating to integrated health care.*

Download the full report at specialtybenefits.info/ihc.



Want to know more about the benefits of integrated health care? **Talk to your broker, benefits consultant or insurance carrier representative.**