

WHAT IS INTEGRATED HEALTH CARE?

Integrated health care (IHC) connects patients' disability, vision, dental and pharmacy benefits to their medical benefits through a unified health plan.

By connecting ancillary benefit data like pharmacy, dental, vision and disability to a patient's health plan, IHC improves health outcomes, lowers health care costs and simplifies administration.



Provider

Information is shared among members of a patient's care team



Health plan

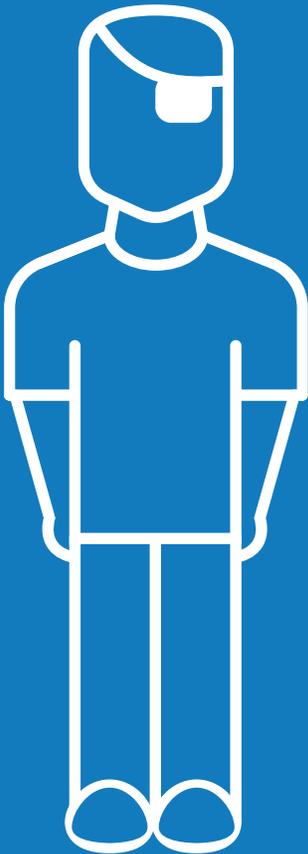
provides care manager and framework for secure sharing of information



Care manager

streamlines benefits and ensures flow of information between health care

Consider Patient X. He has diabetes, but hasn't been diagnosed yet. Here's how IHC helps:



Patient X visits the eye doctor, who notices eye disease from diabetes during a routine checkup

Those with vision coverage are 30% more likely to get an eye exam than those without vision coverage.¹

The patient's vision claim triggers an alert to the patient's insurance carrier's nurse care management team and their medical doctor, who diagnoses diabetes and creates a treatment plan.

One carrier reports 26,687 diabetics identified via a vision claim in 2016.²

The Insurance nurse care manager works with the patient to provide the extra support they need to manage their condition. This support takes the patient's whole body into consideration. For example, the nurse care manager can automatically enroll and notify the member of an additional dental cleaning because patients with diabetes need to have healthy gums to properly manage their blood sugar.

Patients with diabetes who treat their periodontal disease have 39% fewer hospital admissions and 40% lower medical costs.³

Patient X's employer saves time and money by streamlining benefits administration.

92% of integrated employers find value in clinical integration across all employee benefit programs and through one coordinated care approach.⁴

Patient X experiences improved health care outcomes because of the holistic approach to health IHC provides.

SOURCES:

[1] National Association of Vision Care Plans, Analysis Completed by FocalCenter, June 2016

[2] Anthem Inc and its affiliated companies; 2016 data.

[3] American Journal of Preventive Medicine's Impact of Periodontal Therapy on General Health Study, June 2014

[4] "6th Consecutive Employer Survey of Integrated Disability, Absence, and Health Management Trends", 2016. Conducted by Spring Consulting Group, LLC for a consortium of carriers and TPAs

For more information, visit
www.specialtybenefits.info/ihc